

## Hertfordshire County Championships Standalone 10k - 7 October 2007

### Category Winners

#### Herts County Male open

|   |                |                          |     |    |          |
|---|----------------|--------------------------|-----|----|----------|
| 1 | Neilson Hall   | North Herts Road Runners | 1   | MS | 00:31:17 |
| 2 | Mark Dickinson | Garden City Runners      | 44  | MS | 00:33:32 |
| 3 | Ian Murray     | Royston Runners          | 756 | MS | 00:33:39 |

#### Herts County Female open

|   |                             |                          |     |    |          |
|---|-----------------------------|--------------------------|-----|----|----------|
| 1 | Astrid McKeown              | North Herts Road Runners | 961 | WS | 00:35:54 |
| 2 | Claire Hallissey nee Willer | Bristol & West           | 349 | WS | 00:36:13 |
| 3 | Katherine Philp             | Garden City Runners      | 322 | WS | 00:38:05 |